



## Master of Lifestyle Medicine Option 2

Useful study planning/enrolment resources:

- [Subject Search](#)
- [Academic Calendars](#)
- [Class Registration](#)
- [Enrolment Resources](#)

The information in the study planner is current at the time of creation may be subject to future change.

If you would prefer a part-time study plan, please adjust the below study planner; reviewing subject prerequisites to ensure you are on track for course completion.

|      |                | TEACHING PERIOD 1                              |                | TEACHING PERIOD 2   |  |
|------|----------------|--|----------------|---|--|
| 2024 | Study Period 1 | HS5800:03 Introduction to Lifestyle Medicine   | Study Period 2 | HS7405:03 Research Methodologies for Health Professionals                             |  |
|      | Study Period 1 | RM8501:06 Research Planning                    | Study Period 2 | HS5810:06 Lifestyle Medicine Assessment and Prescription<br>PREREQ: HS5800 and HS5801 |  |
|      | Study Period 1 | RM8502:06 Research Project                     | Study Period 2 | Select 3 credit points of subjects from List 1  |  |
|      | Study Period 1 | Select 3 credit points of subjects from List 1 |                |   |  |

|      |                | TEACHING PERIOD 1 |  | TEACHING PERIOD 2 |  |
|------|----------------|-------------------|--|-------------------|--|
| 2025 | Study Period 1 |                   |  |                   |  |



## List 1

HS5111:03 Alcohol and Other Drugs

TM5506:03 Social Science in Public Health

TM5502:03 Tropical Public Health

TM5510:03 Aboriginal and Torres Strait Islander Health

TM5575:03 Substance Misuse Prevention

## Education

HS5405:03 Teaching for Learning in the Health Professions

HS5409:03 Innovative Teaching in the Health Professions

HS7411:03 Leadership in Health Professional Education

## Health Promotion

LB5202:03 Marketing Essentials

TM5528:03 Health Promotion

## Research

HS5102:03 Qualitative Research Methods for Health Professionals

TM5513:03 Public Health Management, Leadership, Planning and Policy