

Dear students,

- University Center of Lake County, Northwestern Medicine Emergency Center Grayslake, 1475 E. Belvidere Road, Grayslake, IL 60030, 847-535-8950, <https://www.nm.org/locations/emergency-center-grayslake>

-800-273-TALK (8255); en Español, 1-888-628-9454.

- Confidential Advisor  
Rae Joyce Baguilat, Assistant Director  
Student Leadership Development  
Pedroso Center - B 159  
(773) 442-4686  
Email: [confidentialadvisor@neiu.edu](mailto:confidentialadvisor@neiu.edu)
- We have created a brochure of [Mental and Physical Health Resources](#) located near our Main Campus and El Centro location, as well as [resources near the Carruthers Center](#).
- [View a list of other social service resources](#) available near Main Campus.

#### Off Campus Resources

Apna Ghar (serving immigrants from Asia and Africa/counseling/shelter): 24-hour crisis hotline (773) 334-4663 Administrative office (773) 883-4663  
Between Friends (24 hours/legal assistance/information/counseling for domestic violence): (800) 603-4357  
Center on Halsted Anti-Violence Project (LGBTQIA community/resource line/counseling/mental health services): (773) 871-2273  
Center on Halsted LGBT Crisis Hotline(24-hour referrals/information/counseling): (773) 871-2273

National Sexual Assault Hotline (24-hour helpline): (800) 656-4673

National Suicide Prevention Lifeline: (800) 273-TALK (8255), en Español (888) 628-9454

Porchlight Counseling Services (24-hour helpline for survivors of sexual assault): (773) 750-7077  
Administrative office: (847) 328-6531

Resilience (formerly Rape Victim Advocates (counseling)): (312) 443-9603

YWCA Metropolitan Chicago (24-hour rape crisis hotline/legal & medical assistance/information/sexual violence counseling): (888) 293-2080